

Worried about YOUR Feet?

Worried about your feet? Do you spend lots of time standing? Does standing, walking and running make your joints sore? Do you have visible foot problems such as flat feet, bunions or high arches? Do your parents have problems with their feet? Do your shoes have uneven wear?

- 1) Are your feet sore on a regular basis?
- 2) Do you spend lots of time standing?
- 3) Does standing, walking and running make your joints sore?
- 4) Do you have visible foot problems such as flat feet, bunions or high arches?
- 5) Do your parents have problems with their feet?
- 6) Do your shoes have uneven wear?

If you answer "Yes" to some of these questions then you need to get your feet checked.

Get your feet checked by a podiatrist. They can diagnose and treat a wide range of foot and ankle problems. This includes conditions such as bunions, flat feet, high arches, and heel spurs. A podiatrist can also provide custom orthotics to help support your feet and improve your posture.



Podiatrists are medical professionals who specialize in the diagnosis and treatment of conditions of the feet, ankles, and lower extremities. They are trained to identify and treat a wide range of foot and ankle problems, including bunions, flat feet, high arches, and heel spurs.

Podiatrists can provide a variety of treatments for foot and ankle problems, including medical treatments, physical therapy, and surgery. They can also provide custom orthotics to help support your feet and improve your posture. If you are experiencing any foot or ankle problems, it is important to see a podiatrist for a proper diagnosis and treatment plan.

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